

Health Scrutiny Panel – Meeting held on Thursday, 28th June, 2018.

Present:- Councillors Ali, Chaudhry, M Holledge, Matloob, Qaseem (from 6.37pm), A Sandhu, Shah (from 6.59pm) and Strutton (until 7.29pm)

Non-Voting Co-optee – Colin Pill, Healthwatch Slough

Apologies for Absence:- Councillor Smith

PART I

1. Declarations of Interest

None were declared.

2. Election of Chair for 2018/19

The Panel was invited to make nominations for the position of Chair for the 2018/19 municipal year. Councillor Atiq Sandhu was proposed by Councillor Ali and this nomination was seconded by Councillor Michael Holledge.

There being no other nominations, Councillor Atiq Sandhu was elected as Chair of the Panel for the 2018/19 municipal year.

Resolved - That Councillor Atiq Sandhu be elected Chair of the Health Scrutiny Panel for the ensuing year.

(Councillor Sandhu in the chair for the remainder of the meeting)

3. Election of Vice-Chair for 2018/19

The Panel was invited to make nominations for the position of Vice-Chair for the 2018/19 municipal year. Councillor Smith was proposed by Councillor Strutton and this nomination was seconded by Councillor Chaudhry.

There being no other nominations, Councillor Smith was elected as Vice-Chair of the Panel for the 2018/19 municipal year.

Resolved - That Councillor Smith be elected Vice-Chair of the Health Scrutiny Panel for the ensuing year.

4. Minutes of the Last Meeting held on 26th March 2018

Resolved – That the minutes of the last meeting held on 26th March 2018 be approved as a correct record.

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5. Action Progress Report

The Panel noted the progress made on the actions agreed at recent meetings. In relation to Minute 48 regarding children's oral health programmes, the Panel noted that the figures for Slough were disappointing and discussed whether to undertake any future scrutiny on the matter. The Director of Adults & Communities reported that there was a significant amount of activity already underway to address the issue and it was therefore agreed that Panel Members would receive a briefing note in the first instance.

Resolved –

- (a) That the Action Progress Report be noted.
- (b) That a briefing note be circulated to the Panel on the work being undertaken to improve children's oral health.

(Councillor Qaseem joined the meeting)

6. Member Questions

No questions from Members had been received.

7. Frimley Health and Care Integrated Care System

Sir Andrew Morris, ICS Lead gave a presentation on the progress of the Frimley Health & Social Care Integrated Care System (ICS), previously known as the Sustainability & Transformation Partnership. The ICS aimed to improve the integration of health and social care services.

The Panel was updated on the progress of the ICS governance, workstreams, key initiatives and performance indicators. One of the key approaches was support people at home and avoid unnecessary hospital admissions. An 8am to 8pm GP offer would be introduced from October 2018, building on some the experiences of the extended hours through the Prime Minister's Challenge Fund, and a cross system approach to mental health crisis care services was being developed. Work had taken place to connect IT systems and improve information sharing to improve efficiency and provide better services to people. The combination of projects was intended to increase access to relevant care services, ensure provision was at a consistent level across the region and co-ordinate services. Early indications were positive with improved performance across a majority of indicators across emergency admissions, non-emergency admissions and GP referrals.

An emerging priority for Slough was the review of the model of urgent care services and community hospital beds. The Clinical Commission Group was carrying out a 'big conversation' with people about the future of urgent care services and any proposals would be subject of more formal consultation and consideration by the Panel in the future.

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(Councillor Shah joined the meeting)

Members asked a number of questions and discussed a range of issues which are summarised as follows:

- Communication with residents was recognised as being very important in ensuring they understood the most appropriate services to use, to seek to avoid unnecessary pressures on accident & emergency and GP services. Once the urgent care model was decided a communications plan would be needed to raise awareness and understanding.
- The efficient discharge of patients from hospital remained a key challenge, particularly when a care package may be required, and Members asked about how social workers involved other Council services such as transport or housing where relevant. It was responded that the overall position regarding hospital discharges was improving and Wexham Park was now in the top 20% in terms of performance. Hospital and social work teams worked closely to plan discharges and sought to learn lessons in incidents where to process hadn't worked as well as it should. Further information would be provided to any Member particularly interested in performance. The Council was working hard to align its services to best meet the wider needs of services users.
- In terms of the ICS governance arrangements it was noted that significant progress had been made, demonstrated by the fact ICS status had been awarded. Sir Andrew highlighted that a clear vision and strong partnership had been formed. Whilst there were key themes across the whole ICS, it was recognised that localities would need some different solutions to meet their local need. This was particularly true of Slough given its population and health profile was different to other parts of the Frimley area. Members were assured that the ICS model was able to respond to local need and priorities where required.
- The conversation on the future of urgent care was discussed, which included the future of the walk-in centre at Upton Hospital, NHS 111 Service and same day GP access. Members were asked to encourage residents to get involved by responding to the survey or participating in the events. The current stage of the conversation would end on 6th August and the feedback would be considered before bringing forward more specific proposals for the new service model.
- The key challenges for Slough were discussed and these included the recruitment and retention of GPs, nurses, paramedics and other skilled health professionals. Making best use of the available skills was therefore a priority and a range of measures were in place to ensure patients accessed the most appropriate clinician.

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- Technology was being used to improve the efficiency of the system and services to local people for example with shared patient records and the roll out of the e-consult programme.

At the conclusion of the discussion, the Panel recognised the progress that had been made in relation to the ICS and thanked Sir Andrew for his presentation. It was agreed to receive a further update at the meeting on 21st November 2018.

Resolved –

- (a) That the update on the progress being made in developing the Frimley Integrated Care System be noted.
- (b) That the Panel receive a further report on progress at the meeting to be held on 21st November 2018.

(Councillor Strutton left the meeting)

8. Changing Behaviours - Work of Solutions 4 Health

The Public Health Programme Manager introduced a report that updated on the work undertaken by Solutions4Health Ltd to increase NHS Health Checks uptake and encourage behaviour change to Slough residents to promote healthier lifestyles.

The work being undertaken by the public health programmes delivered by Solutions4Health aimed to help reduce health inequalities and they were targeted at higher risk communities. The programmes being delivered in Slough included Eat4Health, Let's Get Going, Smokefreelife, Cardiowellness4Slough and FallsFree4Life. Further detail on the programmes and performance information was set out in the report and Members were asked to consider the areas for further scrutiny.

The Panel discussed how the programmes engaged with and targeted Slough's diverse communities. It was responded that this was achieved in a variety of ways, for example, healthy eating solutions were tailored to various types of diet and engagement took place in community settings and places of worship. Communication was an ongoing process and the specific information and mechanisms continued to be reviewed in support of the key messages. Asked about the work to target conditions such as diabetes which were particular prevalent in Slough, it was responded that the Cardiowellness4Slough had a strong outreach programme and Health Checks were made available to younger age groups than nationally to try to prevent or delay the onset of chronic conditions. The Panel reviewed the services in place to tackle problems such as obesity and smoking, although it was recognised that many people had multiple risk factors and an holistic approach to improving an individual's lifestyle choices was the key to sustainable change.

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At the conclusion of the discussion, the Panel noted the update and agreed to receive a further report at the next meeting with more detailed information on the following programmes: Let's Get Going, Eat4Health, Cardiowellness4Slough and FallsFree4Life. It was also agreed in principle that the proposal for a behavioural insights Members' group be set up, subject to further work on the scope and role of such a group being carried out.

Resolved –

- (a) That the report be noted.
- (b) That the Panel receive a further report in September 2018 focused on progress regarding - Let's Get Going, Eat4Health, Cardiowellness4Slough and FallsFree4Life.
- (c) That the Panel agree in principle to explore the establishment of a behavioural insights Members' group.

9. Slough - A Disability Friendly Town?

The Scrutiny Officer introduced a report seeking to establish a Task & Finish Group to develop and implement a programme of work which aimed to help Slough be a disability friendly town.

The Panel had agreed at its meeting on 26th March 2018 to recommend that the Cabinet make clear its commitment to taking further action to make Slough a disability friendly town and set up a Task & Finish Group of the Panel to consider the potential issues and actions in more detail and make recommendations accordingly. The Cabinet confirmed its commitment at its meeting on 16th April 2018 and welcomed the more detailed work that a Task & Finish Group would carry out.

There was a discussion about the scope of the Task & Finish Group and it was agreed it would include transport issues, access to buildings, inclusion and the understanding of disability issues.

It was agreed that the following Members be on the Task & Finish Group: Councillors Ali, Qaseem, Shah and Strutton with co-opted members to include Healthwatch, Disability Forum and Slough Youth Parliament.

The Scrutiny Officer would confirm the membership and set up a meeting with the terms of reference being agreed by the Panel electronically. A report seeking formal approval would come to the Panel on 11th September.

Resolved – That a Task & Finish Group be commissioned to develop and implement a programme of work which aimed to help Slough be a disability friendly town.

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10. Co-Operation Between the Wellbeing Board and Health Scrutiny Panel

The Scrutiny Officer introduced a report on the joint working arrangements with the Panel and the Slough Wellbeing Board (SWB). It was considered that effective co-ordination would improve the impact of both bodies and improve outcomes for local residents.

A protocol between the Panel and the SWB had been adopted in October 2016 but it was not considered to have been effective in promoting joint working on an ongoing basis. A number of suggestions were made about how planning and co-ordination could be improved and it was agreed that regular meetings of the chairs of the Panel and SWB take place to share information and co-ordinate work programmes; and a half-yearly report from the chair of the SWB be provided to the Panel to give an overview of the body's work. The first report from the SWB chair would be added to the Panel work programme for October 2018 and it would include an update on their priority campaigns.

Other suggestions included that the Panel take a more active role in supporting the future SWB campaigns and this was agreed; Panel Members would be invited to the SWB Conference in the Autumn; and a joint workshop on the ICS and outcomes of the review of urgent care services be considered.

Resolved –

- (a) That the work programmes be shared between SWB and the Health Scrutiny Panel.
- (b) That arising key risks or concerns identified by SWB and the Health Scrutiny Panel be shared between the two committees.
- (c) That area where work with SWB would be mutually beneficial be identified.
- (d) That specific actions to take jointly with SWB 2018/19 be identified.
- (e) That regular meetings of the Chairs of SWB and HSP be held to co-ordinate work programmes and share information.
- (f) That the Panel receive half yearly reports from the Chair of the SWB providing an overview of the body's work, with the first report to be on 16th October.

11. Female Genital Mutilation - Update

The Panel received an information report that updated on the work the Council was doing with partners to combat female genital mutilation.

Resolved – That the report be noted.

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12. Forward Work Programme

The Work Programme for the 2018-19 municipal year was considered and the following additions and amendments were agreed:

- 11th September – Adult Social Care; Resident and Service User Engagement; S4H Programmes; and Disability T&F Group.
- 16th October – Update from Chair of the SWB; and Five Year Plan (to include healthchecks).
- 21st November – ICS update including GP access.

Resolved – That the Forward Work Programme be agreed.

13. Date of Next Meeting

The date of the next meeting of the Panel was confirmed as Tuesday 11th September 2018.

Chair

(Note: The Meeting opened at 6.30 pm and closed at 8.07 pm)